



Dianna Dunbar

Dianna Dunbar is a resiliency leadership coach, licensed behavioral clinician, and trainer. She is a pioneer with over 20 years of experience creating resiliency programs for leaders and corporations.

Dianna is known for her depth of experience in behavioral science, communications program development, and high-level executive coaching along with her sense of humor and passionate inspirational style. She designs life-changing resiliency leadership programs for individuals and executive teams and creates engaged dynamic solutions that deliver positive behavior change while capitalizing on clients' strengths. Her mission is to create a committed partnership with leaders, which inspires profound culture change and awareness in individuals, companies, and communities.

Dianna has coached and taught behavioral change programs to over 19,000 people for diverse audiences in business, non-profit, and government.

Training and Certifications

Georgetown University Institute for Transformational Leadership Coach Certification

Post-Masters Fellowship, Behavioral Health, L.S.U Medical School

M.S.W., Tulane University

University of Massachusetts, Center for Mindfulness, Mindfulness-Based Stress Reduction, (M.B.S.R.) Teacher

Gestalt Institute of Boulder, Certified Gestalt Therapist; Organizational Coaching



“ In this ever-changing and challenging business climate, it is imperative that leaders, now more than ever, have a high level of self-awareness and insight. As multidisciplinary teams become essential to success, leaders must possess excellent interpersonal skills to engage in innovative work. To inspire curious, collaborative, creative teams, powerful leaders will need to embody insight, compassion, and self-awareness.”

We listen. We guide.
We enable transformation.

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